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| **Wednesday - 05/01/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000020 FRENCH TOAST STICKS (M/HS) | SERVING (4 PC) | 1 | 277 | 1.66 | 332 | 8 | \*N/A\* | 9.96 | 0.00 | 0 | 40.94 | 3.32 | 6.64 | 332 | 44.3 | 5.31 | 2.10 |
| 990046 SAUSAGE PATTY (2 EACH) | 2 EACH | 1 | 140 | 3.00 | 520 | 0 | \*N/A\* | 10.00 | 0.00 | 50 | 0.00 | 0.00 | 14.00 | 0 | 0.0 | 0.00 | 0.72 |
| 000349 SYRUP,MAPLE | TBSP | 1 | 56 | 0.00 | 24 | 9 | \*N/A\* | 0.02 | 0.00 | 0 | 13.92 | 0.00 | 0.00 | 2 | 0.0 | 0.36 | 0.00 |
| 000447 POTATO, TRI-TATER | EACH | 1 | 100 | 0.50 | 280 | 1 | \*N/A\* | 4.50 | 0.00 | 0 | 14.00 | 1.00 | 1.00 | 0 | 0.0 | 1.80 | 0.00 |
| 000105 BANANA  | EACH | 1 | 105 | 0.00 | 1 | 14 | \*N/A\* | 0.00 | 0.00 | 0 | 27.00 | 3.00 | 1.00 | 100 | 10.0 | 10.20 | 0.36 |
| 000639 FRUITABLES | EACH | 1 | 60 | 0.00 | 15 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 500 | 0.0 | 60.00 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 |
| 990235 PB & J Uncrustable | each | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| Weighted Daily Average |  |  | 2193 | 19.05 | 2614 | \*88 | \*0 | 98.93 | 0.00 | 58 | 255.16 | 19.52 | 83.46 | \*1660 | 525.3 | \*77.86 | 10.75 |
| % of Calories |  |  |  | 7.82% |  | \*16.1% | \*0% | 40.6% | 0.0% |  | 46.5% |  | 15.2% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Thursday - 05/02/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000117 SPAGHETTI NOODLES (HS) | CUP | 1 | 180 | 0.00 | 0 | 2 | \*N/A\* | 1.50 | 0.00 | 0 | 39.00 | 6.00 | 8.00 | 0 | 0.0 | 0.00 | 3.60 |
| 990070 SPAGHETTI SAUCE (MS/HS) | 1/2 CUP | 1 | 211 | 4.10 | 435 | \*0 | \*N/A\* | 13.71 | 2.05 | 53 | 6.50 | 0.04 | 14.35 | 570 | 13.2 | 0.13 | 0.63 |
| 000371 BREADSTICK, GARLIC TWIST | EACH | 1 | 85 | 0.00 | 170 | 1 | \*N/A\* | 1.25 | 0.00 | 0 | 15.50 | 1.00 | 5.00 | 1 | 30.0 | 1.50 | 1.80 |
| 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 |
| 000199 SALAD, SIDE | CUP | 1 | 38 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 37.80 | 0.00 | 18900 | 0.0 | 45.36 | 0.00 |
| 000036 SALAD DRESSING | 1 TBSP | 1 | 37 | 0.53 | 148 | 0 | \*N/A\* | 3.70 | 0.00 | 5 | 0.53 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000634 COOK'S CHOICE FRUIT (1 CUP) | CUP | 1 | 50 | 0.00 | 10 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 16.00 | 2.00 | 0.00 | \*N/A\* | 10.0 | 2.40 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| Weighted Daily Average |  |  | 1498 | 12.57 | 1661 | \*53 | \*0 | 60.92 | 2.05 | 67 | 174.61 | 55.30 | 69.01 | \*34877 | 497.8 | \*54.57 | 10.38 |
| % of Calories |  |  |  | 7.55% |  | \*14.2% | \*0% | 36.6% | 1.2% |  | 46.6% |  | 18.4% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Friday - 05/03/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000162 HOT DOG  | EACH | 1 | 160 | 6.00 | 520 | 0 | \*N/A\* | 16.00 | 0.00 | 45 | 10.00 | 0.00 | 6.00 | 0 | 0.0 | 2.40 | 0.00 |
| 990155 HOT DOG BUN, POG | EACH | 1 | 160 | 0.00 | 250 | 6 | \*N/A\* | 2.00 | 0.00 | 0 | 29.00 | 3.00 | 6.00 | 0 | 80.0 | 0.00 | 1.08 |
| 000487 POTATOES, FRENCH FRIES, BAKED | 1/2 CUP | 1 | 120 | 0.50 | 40 | 0 | \*N/A\* | 3.50 | 0.00 | 0 | 20.00 | 1.00 | 2.00 | 0 | 10.0 | 0.00 | 0.60 |
| 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 000247 APPLESAUCE, CND (1 CUP) | CUP | 1 | 120 | 0.00 | 0 | 26 | \*N/A\* | 0.00 | 0.00 | 0 | 30.00 | 2.00 | 0.00 | 4 | 100.0 | 2.00 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 |
| 000451 MUSTARD, YELLOW | TBSP | 1 | 11 | 0.03 | 188 | \*N/A\* | \*N/A\* | 0.66 | 0.00 | 0 | 0.96 | 0.15 | 0.70 | 0 | 12.6 | 0.00 | 0.30 |
| Weighted Daily Average |  |  | 1754 | 16.92 | 2484 | \*61 | \*0 | 80.60 | 0.00 | 53 | 209.66 | 15.55 | 67.12 | 950 | 654.6 | 6.51 | 9.19 |
| % of Calories |  |  |  | 8.68% |  | \*13.9% | \*0% | 41.4% | 0.0% |  | 47.8% |  | 15.3% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Monday - 05/06/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000457 CHICKEN & GRAVY (HS) | 1/2 CUP | 1 | 213 | 2.22 | 763 | \*1 | \*N/A\* | 8.85 | 0.00 | 99 | 1.77 | 0.02 | 31.23 | 59 | 18.6 | 0.00 | 1.29 |
| 000458 NOODLES, BUTTER (HS) | CUP | 1 | 214 | 5.31 | 76 | \*N/A\* | \*N/A\* | 9.36 | 0.00 | 52 | 27.09 | 1.25 | 5.46 | 260 | 15.6 | 0.00 | 1.53 |
| 990146 PEAS (1 CUP) | CUP | 1 | 117 | 0.10 | 372 | \*N/A\* | \*N/A\* | 0.68 | 0.00 | 0 | 21.42 | 6.97 | 7.48 | 1306 | 34.0 | 15.47 | 1.62 |
| 000438 PEARS (1 CUP) | CUP | 1 | 100 | 0.00 | 20 | 24 | \*N/A\* | 0.00 | 0.00 | 0 | 32.00 | 4.00 | 0.00 | \*N/A\* | 20.0 | 4.80 | 0.00 |
| 990165 ROLL, DINNER, POG | Each | 1 | 80 | 0.00 | 130 | 3 | \*N/A\* | 1.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | 0 | 20.0 | 0.00 | 0.72 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| Weighted Daily Average |  |  | 1586 | 15.55 | 2198 | \*62 | \*0 | 60.44 | 0.00 | 159 | 184.94 | 20.25 | 88.00 | \*2349 | 523.8 | \*20.27 | 9.24 |
| % of Calories |  |  |  | 8.82% |  | \*15.6% | \*0% | 34.3% | 0.0% |  | 46.6% |  | 22.2% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Tuesday - 05/07/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 990179 Pub Burger w/cheese | 1 Each | 1 | 220 | 7.50 | 450 | 1 | \*N/A\* | 16.25 | 0.00 | 62 | 1.00 | 0.00 | 18.00 | 100 | 75.0 | 0.00 | 1.08 |
| 990156 BUN, HAMBURGER, POG | EACH | 1 | 150 | 0.00 | 250 | 5 | \*N/A\* | 2.00 | 0.00 | 0 | 29.00 | 3.00 | 6.00 | 0 | 60.0 | 0.00 | 1.80 |
| 000142 ROMAINE (2oz) & TOMATO (1oz) | OZ | 1 | 4 | 0.00 | 19 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.29 | 2.42 | 0.06 | 1199 | 2.3 | 3.71 | 0.00 |
| 990049 POTATO, CURLY | 1/2 CUP | 1 | 107 | 1.33 | 280 | 1 | \*N/A\* | 5.33 | 0.00 | 0 | 13.33 | 1.33 | 1.33 | 0 | 13.3 | 3.20 | 0.73 |
| 990044 BEANS, GREEN (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 000419 FRUIT MIX, CND (1 CUP) | CUP | 1 | 140 | 0.00 | 0 | 30 | \*N/A\* | 0.00 | 0.00 | 0 | 34.00 | 2.00 | 0.00 | 10 | 10.0 | 8.00 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 |
| 000451 MUSTARD, YELLOW | TBSP | 1 | 11 | 0.03 | 188 | \*N/A\* | \*N/A\* | 0.66 | 0.00 | 0 | 0.96 | 0.15 | 0.70 | 0 | 12.6 | 0.00 | 0.30 |
| 990045 PICKLES, SLICED | 4 EACH | 1 | 1 | 0.00 | 50 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 1 | 0.4 | 0.00 | 0.00 |
| Weighted Daily Average |  |  | 1520 | 16.78 | 2388 | \*71 | \*0 | 64.80 | 0.00 | 70 | 173.65 | 16.10 | 67.53 | \*2255 | 613.2 | \*16.83 | 8.65 |
| % of Calories |  |  |  | 9.94% |  | \*18.7% | \*0% | 38.4% | 0.0% |  | 45.7% |  | 17.8% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Wednesday - 05/08/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000188 CHICKEN, MANDARIN ORANGE | 1/2 CUP | 1 | 170 | 0.50 | 361 | 13 | \*N/A\* | 3.00 | 0.00 | 40 | 23.00 | 0.00 | 11.00 | \*N/A\* | 0.0 | 1.20 | 0.72 |
| 990091 RICE, STIR FRIED | 1/3 CUP | 1 | 108 | 0.29 | 200 | \*1 | \*N/A\* | 2.54 | 0.00 | 0 | 18.53 | 0.87 | 2.06 | 342 | 1.9 | 0.00 | 0.33 |
| 990097 BROCCOLI, STEAMED (1/2 CUP) | 1/2 CUP | 1 | 20 | 0.03 | 19 | \*N/A\* | \*N/A\* | 0.23 | 0.00 | 0 | 3.73 | 2.34 | 2.19 | 807 | 43.7 | 43.99 | 0.63 |
| 000199 SALAD, SIDE | CUP | 1 | 38 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 37.80 | 0.00 | 18900 | 0.0 | 45.36 | 0.00 |
| 000339 MANDARIN ORANGES (1 CUP) | CUP | 1 | 146 | 0.00 | 16 | 36 | \*N/A\* | 0.00 | 0.00 | 0 | 37.26 | 1.62 | 1.62 | 0 | 0.0 | 0.00 | 0.81 |
| 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| Weighted Daily Average |  |  | 1379 | 8.76 | 1494 | \*88 | \*0 | 46.53 | 0.00 | 48 | 179.60 | 51.09 | 58.53 | \*35455 | 490.2 | \*95.74 | 6.85 |
| % of Calories |  |  |  | 5.72% |  | \*25.5% | \*0% | 30.4% | 0.0% |  | 52.1% |  | 17.0% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Thursday - 05/09/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000215 TACO BEEF, WALKING | 1/3 CUP | 1 | 232 | 4.06 | 401 | \*2 | \*N/A\* | 14.28 | 2.03 | 53 | 9.10 | 2.19 | 19.18 | 615 | 45.7 | 2.00 | 0.72 |
| 000478 POTATO, ROUNDS (LUNCH) | SERVING(10) | 1 | 156 | 2.30 | 304 | \*N/A\* | \*N/A\* | 8.28 | \*N/A\* | \*N/A\* | 18.40 | 1.84 | 1.84 | 0 | 0.0 | 3.31 | 0.66 |
| 990145 CHIPS, DORITOS | BAG | 1 | 130 | 1.00 | 200 | 1 | \*N/A\* | 5.00 | 0.00 | 0 | 20.00 | 2.00 | 2.00 | \*N/A\* | 38.0 | \*N/A\* | 0.00 |
| 990279 Guacamole Extreme | 2 TBSP | 1 | 50 | 1.00 | 120 | 0 | 0 | 5.00 | 0.00 | 0 | 2.00 | 1.00 | 1.00 | \*N/A\* | \*N/A\* | \*N/A\* | 0.30 |
| 990061 TACO CHEESE | OZ | 1 | 91 | 4.05 | 213 | 0 | \*N/A\* | 6.07 | 0.00 | 20 | 1.01 | 0.00 | 7.09 | 0 | 0.0 | 0.00 | 0.00 |
| 000343 TOMATOES, DICED | 1/8 CUP | 1 | 5 | 0.01 | 1 | \*N/A\* | \*N/A\* | 0.06 | 0.00 | 0 | 1.10 | 0.34 | 0.25 | 236 | 2.8 | 3.88 | 0.08 |
| 001051 SALSA | TBSP | 1 | 5 | 0.00 | 16 | \*N/A\* | \*N/A\* | 0.03 | 0.00 | 0 | 0.99 | 0.19 | 0.21 | 78 | 1.7 | 0.57 | 0.32 |
| 000103 TACO LETTUCE (ROMAINE) | 1/4 CUP | 1 | 9 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 9.45 | 0.00 | 4725 | 0.0 | 11.34 | 0.00 |
| 000172 BEANS, REFRIED (1/2 CUP) | 1/2 CUP | 1 | 118 | 0.60 | 140 | \*N/A\* | \*N/A\* | 1.60 | 0.00 | 10 | 19.57 | 6.70 | 6.92 | 0 | 44.0 | 7.60 | 2.09 |
| 990041 CORN (1/2 CUP) | 1/2 CUP | 1 | 66 | 0.08 | 1 | \*N/A\* | \*N/A\* | 0.55 | 0.00 | 0 | 15.83 | 2.00 | 2.09 | 163 | 2.0 | 2.90 | 0.39 |
| 990101 ORANGE, FRESH (WHOLE) | WHOLE | 1 | 180 | 0.08 | 0 | \*N/A\* | \*N/A\* | 0.46 | 0.00 | 0 | 45.12 | 9.22 | 3.61 | 864 | 153.6 | 204.29 | 0.38 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| Weighted Daily Average |  |  | 1905 | 21.10 | 2233 | \*37 | \*0 | 81.88 | \*2.03 | \*91 | 221.78 | 40.93 | 85.02 | \*7406 | \*703.4 | \*235.89 | 9.04 |
| % of Calories |  |  |  | 9.97% |  | \*7.8% | \*0% | 38.7% | \*1.0% |  | 46.6% |  | 17.9% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Friday - 05/10/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 990163 Bosco Sticks | Serv(3EA) | 1 | 450 | 7.50 | 660 | 3 | \*N/A\* | 15.00 | 0.00 | 45 | 51.00 | 6.00 | 30.00 | 0 | 666.0 | 0.00 | 3.00 |
| 000628 CHIP, CHEETOS Baked  | BAG | 1 | 120 | 1.00 | 200 | 1 | \*N/A\* | 4.50 | 0.00 | 0 | 16.00 | 1.00 | 2.00 | 0 | 20.0 | 0.00 | 0.40 |
| 000634 COOK'S CHOICE FRUIT (1 CUP) | CUP | 1 | 50 | 0.00 | 10 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 16.00 | 2.00 | 0.00 | \*N/A\* | 10.0 | 2.40 | 0.00 |
| 990215 Cherry Craisins | Bag | 1 | 110 | 0.00 | 0 | 24 | \*N/A\* | 0.00 | 0.00 | 0 | 28.00 | 3.00 | 0.00 | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* |
| 990073 MIXED VEGGIES & CHEESE (1/2 CUP) | 1/2 CUP | 1 | 45 | 1.26 | 116 | \*0 | \*N/A\* | 2.20 | 0.00 | 8 | 2.55 | 1.00 | 2.42 | 107 | 562.7 | 67.77 | 0.18 |
| 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| Weighted Daily Average |  |  | 1942 | 20.16 | 2332 | \*70 | \*0 | 80.15 | 0.00 | 61 | 229.25 | 22.40 | 86.84 | \*953 | \*1710.7 | \*71.08 | \*10.79 |
| % of Calories |  |  |  | 9.34% |  | \*14.4% | \*0% | 37.1% | 0.0% |  | 47.2% |  | 17.9% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Monday - 05/13/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000241 CHICKEN STRIPS,BRD (HS) | SERVING (4) | 1 | 306 | 4.66 | 786 | 1 | \*N/A\* | 19.98 | 0.00 | 53 | 13.32 | 1.33 | 19.98 | 0 | 24.0 | 0.00 | 2.66 |
| 990165 ROLL, DINNER, POG | Each | 1 | 80 | 0.00 | 130 | 3 | \*N/A\* | 1.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | 0 | 20.0 | 0.00 | 0.72 |
| 000440 POTATOES, MASHED | 1/2 CUP | 1 | 70 | 0.00 | 281 | \*1 | \*N/A\* | 0.70 | 0.00 | 0 | 13.94 | 1.39 | 1.39 | 0 | 9.6 | 6.27 | 0.21 |
| 000581 GRAVY, CHICKEN (1 OZ) | OZ | 1 | 11 | 0.00 | 128 | \*0 | \*N/A\* | 0.21 | 0.00 | 0 | 1.69 | 0.00 | 0.00 | 0 | 0.8 | 0.00 | 0.00 |
| 990148 CORN (3/4 CUP) | 3/4 CUP | 1 | 99 | 0.12 | 2 | \*N/A\* | \*N/A\* | 0.82 | 0.00 | 0 | 23.74 | 3.00 | 3.14 | 244 | 3.0 | 4.35 | 0.59 |
| 000437 PEACHES (1 CUP) | CUP | 1 | 90 | 0.00 | 0 | 18 | \*N/A\* | 0.00 | 0.00 | 0 | 21.60 | 1.80 | 1.80 | 27 | 16.2 | 10.80 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| 000338 BBQ SAUCE | TBSP | 1 | 30 | 0.00 | 115 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 7.00 | 0.00 | 0.00 | 50 | 0.0 | 0.60 | 0.00 |
| 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 |
| Weighted Daily Average |  |  | 1891 | 15.68 | 2894 | \*59 | \*0 | 84.66 | 0.00 | 66 | 213.09 | 17.72 | 81.13 | 1148 | 501.7 | 23.42 | 10.75 |
| % of Calories |  |  |  | 7.46% |  | \*12.5% | \*0% | 40.3% | 0.0% |  | 45.1% |  | 17.2% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Tuesday - 05/14/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 990227 Pulled Pork Nacho's | each | 1 | 432 | 6.92 | 988 | \*4 | \*N/A\* | 21.88 | 0.00 | 56 | 38.88 | 2.62 | 21.22 | \*344 | \*195.8 | \*0.00 | \*115.50 |
| 990118 LETTUCE, SHRD (1/4 CUP) | 1/4 CUP | 1 | 76 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 75.60 | 0.00 | 37799 | 0.0 | 90.72 | 0.00 |
| 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 990281 Winter Mix | Cup | 1 | 30 | 0.00 | 15 | 1 | 0 | 0.00 | 0.00 | 0 | 4.00 | 2.00 | 1.00 | \*N/A\* | 10.0 | 24.00 | 0.36 |
| 000343 TOMATOES, DICED | 1/8 CUP | 1 | 5 | 0.01 | 1 | \*N/A\* | \*N/A\* | 0.06 | 0.00 | 0 | 1.10 | 0.34 | 0.25 | 236 | 2.8 | 3.88 | 0.08 |
| 000247 APPLESAUCE, CND (1 CUP) | CUP | 1 | 120 | 0.00 | 0 | 26 | \*N/A\* | 0.00 | 0.00 | 0 | 30.00 | 2.00 | 0.00 | 4 | 100.0 | 2.00 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| 001051 SALSA | TBSP | 1 | 5 | 0.00 | 16 | \*N/A\* | \*N/A\* | 0.03 | 0.00 | 0 | 0.99 | 0.19 | 0.21 | 78 | 1.7 | 0.57 | 0.32 |
| Weighted Daily Average |  |  | 1540 | 14.85 | 2031 | \*65 | \*0 | 62.51 | 0.00 | 64 | 166.04 | 89.96 | 64.12 | \*39307 | \*749.9 | \*121.89 | \*120.99 |
| % of Calories |  |  |  | 8.68% |  | \*16.9% | \*0% | 36.5% | 0.0% |  | 43.1% |  | 16.7% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Wednesday - 05/15/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 990177 Louisiana Chicken Fillet | each | 1 | 210 | 1.00 | 590 | 0 | \*N/A\* | 6.00 | 0.00 | 50 | 19.00 | 1.00 | 18.00 | 0 | \*N/A\* | \*N/A\* | 1.44 |
| 990156 BUN, HAMBURGER, POG | EACH | 1 | 150 | 0.00 | 250 | 5 | \*N/A\* | 2.00 | 0.00 | 0 | 29.00 | 3.00 | 6.00 | 0 | 60.0 | 0.00 | 1.80 |
| 990048 BEANS, BAKED (1/2 CUP) | 1/2 CUP | 1 | 198 | 0.00 | 234 | \*7 | \*N/A\* | 0.99 | 0.00 | 0 | 39.29 | 4.83 | 4.86 | 64 | 8.5 | 0.97 | 0.08 |
| 000468 COLESLAW | 1/3 CUP | 1 | 51 | 0.30 | 78 | \*0 | \*N/A\* | 1.85 | 0.00 | 3 | 8.52 | 1.49 | 0.79 | 59 | 23.8 | 20.75 | 0.32 |
| 000634 COOK'S CHOICE FRUIT (1 CUP) | CUP | 1 | 50 | 0.00 | 10 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 16.00 | 2.00 | 0.00 | \*N/A\* | 10.0 | 2.40 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 |
| 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990045 PICKLES, SLICED | 4 EACH | 1 | 1 | 0.00 | 50 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 1 | 0.4 | 0.00 | 0.00 |
| Weighted Daily Average |  |  | 1571 | 9.71 | 2329 | \*58 | \*0 | 54.89 | 0.00 | 66 | 204.98 | 18.32 | 70.49 | \*949 | \*518.2 | \*25.32 | 7.73 |
| % of Calories |  |  |  | 5.56% |  | \*14.8% | \*0% | 31.4% | 0.0% |  | 52.2% |  | 17.9% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Thursday - 05/16/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 990250 Chicken Wings, Wayne Farms New | 5 | 1 | 140 | 2.50 | 530 | 0 | 0 | 8.00 | 0.00 | 60 | 3.00 | 0.00 | 13.00 | 0 | 12.0 | 0.00 | 1.00 |
| 000487 POTATOES, FRENCH FRIES, BAKED | 1/2 CUP | 1 | 120 | 0.50 | 40 | 0 | \*N/A\* | 3.50 | 0.00 | 0 | 20.00 | 1.00 | 2.00 | 0 | 10.0 | 0.00 | 0.60 |
| 990280 Fresh Pepper Slices | 1/4 Cup | 1 | 7 | 0.00 | 1 | 0 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 720 | 2.0 | 29.40 | 0.10 |
| 000634 COOK'S CHOICE FRUIT (1 CUP) | CUP | 1 | 50 | 0.00 | 10 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 16.00 | 2.00 | 0.00 | \*N/A\* | 10.0 | 2.40 | 0.00 |
| 000392 DELIGHT DESSERT | PIECE | 1 | 150 | 0.92 | 151 | \*N/A\* | \*N/A\* | 5.20 | 0.00 | 2 | 21.00 | 0.03 | 4.20 | 201 | 112.2 | 0.63 | 0.06 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 |
| 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average |  |  | 1378 | 12.34 | 1849 | \*46 | \*0 | 60.75 | 0.00 | 75 | 154.16 | 9.03 | 60.04 | \*1746 | 561.8 | \*33.63 | 5.85 |
| % of Calories |  |  |  | 8.06% |  | \*13.4% | \*0% | 39.7% | 0.0% |  | 44.7% |  | 17.4% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Friday - 05/17/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000611 PIZZA CRUCHER (MS/HS) | SERVING (5) | 1 | 525 | 10.00 | 962 | 5 | \*N/A\* | 25.00 | 0.62 | 38 | 51.25 | 6.25 | 25.00 | 625 | 525.0 | 3.00 | 3.00 |
| 000656 MARINARA SAUCE | OZ | 1 | 11 | 0.00 | 86 | 1 | \*N/A\* | 0.33 | 0.00 | 0 | 1.77 | 0.00 | 0.44 | 0 | 4.7 | 0.00 | 0.22 |
| 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 990223 Celery Sticks | Sticks | 1 | 9 | 0.02 | 32 | 1 | \*N/A\* | 0.10 | 0.00 | 0 | 1.50 | 0.80 | 0.40 | 50 | 20.0 | 1.40 | 0.12 |
| 000352 CHIPS, SUN | EACH | 1 | 140 | 1.00 | 120 | \*N/A\* | \*N/A\* | 6.00 | 0.00 | 0 | 18.00 | 2.00 | 2.00 | 0 | 0.0 | 0.00 | 0.36 |
| 000634 COOK'S CHOICE FRUIT (1 CUP) | CUP | 1 | 50 | 0.00 | 10 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 16.00 | 2.00 | 0.00 | \*N/A\* | 10.0 | 2.40 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average |  |  | 1938 | 21.91 | 2697 | \*48 | \*0 | 93.38 | 0.62 | 50 | 204.72 | 20.45 | 80.26 | \*1521 | 1011.7 | 7.71 | 10.92 |
| % of Calories |  |  |  | 10.17% |  | \*9.9% | \*0% | 43.4% | 0.3% |  | 42.3% |  | 16.6% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Monday - 05/20/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 990226 Chicken Chunks Proview  | 4 Each | 1 | 160 | 1.00 | 430 | 0 | \*N/A\* | 4.00 | 0.00 | 40 | 15.00 | 1.00 | 17.00 | 100 | 20.0 | 1.20 | 1.44 |
| 990165 ROLL, DINNER, POG | Each | 1 | 80 | 0.00 | 130 | 3 | \*N/A\* | 1.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | 0 | 20.0 | 0.00 | 0.72 |
| 000440 POTATOES, MASHED | 1/2 CUP | 1 | 70 | 0.00 | 281 | \*1 | \*N/A\* | 0.70 | 0.00 | 0 | 13.94 | 1.39 | 1.39 | 0 | 9.6 | 6.27 | 0.21 |
| 000581 GRAVY, CHICKEN (1 OZ) | OZ | 1 | 11 | 0.00 | 128 | \*0 | \*N/A\* | 0.21 | 0.00 | 0 | 1.69 | 0.00 | 0.00 | 0 | 0.8 | 0.00 | 0.00 |
| 990041 CORN (1/2 CUP) | 1/2 CUP | 1 | 66 | 0.08 | 1 | \*N/A\* | \*N/A\* | 0.55 | 0.00 | 0 | 15.83 | 2.00 | 2.09 | 163 | 2.0 | 2.90 | 0.39 |
| 000437 PEACHES (1 CUP) | CUP | 1 | 90 | 0.00 | 0 | 18 | \*N/A\* | 0.00 | 0.00 | 0 | 21.60 | 1.80 | 1.80 | 27 | 16.2 | 10.80 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 |
| Weighted Daily Average |  |  | 1352 | 9.00 | 1947 | \*56 | \*0 | 47.01 | 0.00 | 48 | 174.72 | 14.20 | 66.12 | \*1115 | 484.2 | \*22.38 | 6.85 |
| % of Calories |  |  |  | 5.99% |  | \*16.6% | \*0% | 31.3% | 0.0% |  | 51.7% |  | 19.6% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Tuesday - 05/21/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 000020 FRENCH TOAST STICKS (M/HS) | SERVING (4 PC) | 1 | 277 | 1.66 | 332 | 8 | \*N/A\* | 9.96 | 0.00 | 0 | 40.94 | 3.32 | 6.64 | 332 | 44.3 | 5.31 | 2.10 |
| 990046 SAUSAGE PATTY (2 EACH) | 2 EACH | 1 | 140 | 3.00 | 520 | 0 | \*N/A\* | 10.00 | 0.00 | 50 | 0.00 | 0.00 | 14.00 | 0 | 0.0 | 0.00 | 0.72 |
| 000349 SYRUP,MAPLE | TBSP | 1 | 56 | 0.00 | 24 | 9 | \*N/A\* | 0.02 | 0.00 | 0 | 13.92 | 0.00 | 0.00 | 2 | 0.0 | 0.36 | 0.00 |
| 000447 POTATO, TRI-TATER | EACH | 1 | 100 | 0.50 | 280 | 1 | \*N/A\* | 4.50 | 0.00 | 0 | 14.00 | 1.00 | 1.00 | 0 | 0.0 | 1.80 | 0.00 |
| 000105 BANANA  | EACH | 1 | 105 | 0.00 | 1 | 14 | \*N/A\* | 0.00 | 0.00 | 0 | 27.00 | 3.00 | 1.00 | 100 | 10.0 | 10.20 | 0.36 |
| 000639 FRUITABLES | EACH | 1 | 60 | 0.00 | 15 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 500 | 0.0 | 60.00 | 0.00 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 |
| 990235 PB & J Uncrustable | each | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| Weighted Daily Average |  |  | 2193 | 19.05 | 2614 | \*88 | \*0 | 98.93 | 0.00 | 58 | 255.16 | 19.52 | 83.46 | \*1660 | 525.3 | \*77.86 | 10.75 |
| % of Calories |  |  |  | 7.82% |  | \*16.1% | \*0% | 40.6% | 0.0% |  | 46.5% |  | 15.2% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Wednesday - 05/22/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 990277 Soft Pretzel W/Cheese | Each | 1 | 259 | 5.05 | 603 | 2 | \*N/A\* | 9.79 | 0.00 | 31 | 32.20 | 3.00 | 12.69 | 426 | 242.0 | 1.20 | 1.80 |
| 000002 YOGURT CUP, VANILLA, FRZ (4OZ) | EACH | 1 | 100 | 1.50 | 75 | 17 | \*N/A\* | 2.00 | 0.00 | 5 | 17.00 | 0.00 | 3.00 | 100 | 100.0 | 0.00 | 0.36 |
| 990077 STRAWBERRIES, FRZ (1/2 CUP) | 1/2 CUP | 1 | 73 | 0.00 | 1 | 14 | \*N/A\* | 0.00 | 0.00 | 0 | 18.63 | 1.62 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990087 COOK'S CHOICE FRUIT (1/2 CUP) | 1/2 CUP | 1 | 25 | 0.00 | 5 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 8.00 | 1.00 | 0.00 | \*N/A\* | 5.0 | 1.20 | 0.00 |
| 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 |
| 000237 PEANUT B SANDWICH  | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 |
| Weighted Daily Average |  |  | 1636 | 16.95 | 2204 | \*68 | \*0 | 70.24 | 0.00 | 44 | 193.93 | 16.22 | 68.71 | \*1492 | 823.0 | 4.03 | 10.02 |
| % of Calories |  |  |  | 9.32% |  | \*16.6% | \*0% | 38.6% | 0.0% |  | 47.4% |  | 16.8% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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| **Thursday - 05/23/2024** |

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| **HS Nutritional Information** |

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|  | PortionSize | ReimbQty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| 990166 Wild Mike's Cheese Bites | Serv(4EA) | 1 | 280 | 4.00 | 540 | 0 | \*N/A\* | 12.00 | 0.00 | 20 | 28.00 | 4.00 | 16.00 | 400 | 240.0 | 0.00 | 1.44 |
| 000656 MARINARA SAUCE | OZ | 1 | 11 | 0.00 | 86 | 1 | \*N/A\* | 0.33 | 0.00 | 0 | 1.77 | 0.00 | 0.44 | 0 | 4.7 | 0.00 | 0.22 |
| 000352 CHIPS, SUN | EACH | 1 | 140 | 1.00 | 120 | \*N/A\* | \*N/A\* | 6.00 | 0.00 | 0 | 18.00 | 2.00 | 2.00 | 0 | 0.0 | 0.00 | 0.36 |
| 000218 COOK'S CHOICE | EACH | 1 | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* |
| 000634 COOK'S CHOICE FRUIT (1 CUP) | CUP | 1 | 50 | 0.00 | 10 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 16.00 | 2.00 | 0.00 | \*N/A\* | 10.0 | 2.40 | 0.00 |
| 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 |
| 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 |
| Weighted Daily Average |  |  | 609 | 5.45 | 1278 | \*28 | \*0 | 19.08 | 0.00 | 28 | 84.37 | 10.40 | 27.64 | \*1365 | 596.6 | 3.84 | 3.42 |
| % of Calories |  |  |  | 8.05% |  | \*18.4% | \*0% | 28.2% | 0.0% |  | 55.4% |  | 18.2% |  |  |  |  |
| Weekly Nutrient Guideline |  |  | 750 - 850 | <10 | 1280 |  |  | <=0 |  |  |  |  |  |  |  |  |  |

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|  |  | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars(g) | Added Sugars(g) | T-Fat(g) | Tr-Fat² (g) | Cholst(mg) | Carb(g) | Fiber(g) | Protn(g) | VIt-A(IU) | Calcm(mg) | Vit-C(mg) | Iron(mg) |
| Weighted Averages |  | 1640 | 15 | 2191 | \*62 | \*0 | 68.57 | \*0.28 | \*65 | 192.93 | 26.88 | 71.03 | \*8012 | \*676.0 | \*52.87 | \*15.42 |
| % of Calories |  |  | 8.26% |  | \*15.1% | \*0% | 37.6% | \*0.2% |  | 47.1% |  | 17.3% |  |  |  |  |

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| ***\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient\* - denotes combined nutrient totals with either missing or incomplete nutrient data¹ - denotes required nutrient values******² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.******NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*** |

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